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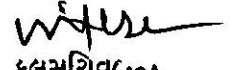
-: પરિપત્ર :-

યુનિવર્સિટી સંલગ્ન વિનયન વિદ્યાશાખા હેઠળની તમામ કોલેજોનાં આચાર્યશ્રીઓને જણાવવાનું કે, શૈક્ષણિક વર્ષ ૨૦૨૫-૨૬ થી મનોવિજ્ઞાન વિષયમાં સ્નાતક કક્ષાએ વિદ્યાર્થીઓએ કરવાની Internship ની માર્ગદર્શિકા સ્વીકારી વિનયન વિદ્યાશાખાની તા.૨૮/૦૪/૨૦૨૫ની સભાનાં ઠરાવ ક્રમાંક:૨૧ થી કરેલ ભલામણ સ્વીકારી એકેડેમિક કાઉન્સિલની તા.૦૫/૦૫/૨૦૨૫ની સભાનાં ઠરાવ ક્રમાંક:૫૬ થી મંજૂર કરેલ છે. જેનો અમલ કરવા આથી જાણ કરવામાં આવે છે.

બિડાણ: ઉપર મુજબ

ક્રમાંક:ઓથો./પરિપત્ર/૧૧૮૪૦/૨૦૨૫

તા.૧૫-૦૫-૨૦૨૫


કુલસચિવ

પ્રતિ,

- ૧) યુનિવર્સિટી સંલગ્ન વિનયન વિદ્યાશાખા હેઠળની સંલગ્ન કોલેજોનાં આચાર્યશ્રીઓ.
.....આપશ્રીની કોલેજના સંબંધિત શિક્ષકોને જાણ કરી અમલ કરવા સારૂ.
- ૨) ડીનશ્રી, વિનયન વિદ્યાશાખા.
- ૩) પરીક્ષા નિયામકશ્રી, પરીક્ષા વિભાગ, વીર નર્મદ દ. ગુ. યુનિવર્સિટી, સુરત.
.....તરફ જાણ તેમજ અમલ સારૂ.

VEER NARMAD SOUTH GUJARAT UNIVERSITY, SURAT**Department of Psychology
Undergraduate Psychology Internship Syllabus
B.A. Psychology
Exit after Semester II/IV/VI****Credit 4****Contact Hour per week 8****1. Introduction:**

According to New Education Policy, 2020, the Undergraduate Psychology Internship is designed to provide students exiting the B.A. Psychology program after Semester II, IV, or VI with practical exposure to the field of psychology. It offers them an opportunity to understand psychological principles in action, engage with real-life settings, and develop fundamental professional competencies.

2. General Objectives:

The general objective of the internship is to bridge the gap between academic learning and practical application of psychological concepts. It also aims to help students explore career avenues in psychology and related fields along with fostering personal and professional growth through experiential learning.

3. Specific Objectives:

Upon completion of the internship, students will be able to:

- Understand the role of psychology in various applied settings such as mental health centres, NGOs, schools, hospitals, HR departments, etc.
- Observe and document psychological processes, interventions, and behaviours in real-world contexts.
- Demonstrate basic professional skills such as communication, observation, ethical awareness, and documentation.
- Reflect on their learning through structured reports and supervision.

4. Eligibility & Duration:

- This internship is mandatory for students who wish to exit the B.A. Psychology program after Semester II/IV/VI.
- Internship must comprise a minimum of 120 hours, which can be completed over a span of 4-6 weeks (as per institutional approval).

5. Internship Settings:

Students can choose internship sites in alignment with the field of psychology, such as:

- Mental health clinics or hospitals
- Schools (for exposure to educational and developmental psychology)
- NGOs working with special populations (children, elderly, substance abuse, etc.)
- Human Resource departments (for organizational psychology)
- Rehabilitation centres
- Research institutions
- Counselling centres or helplines
- All Libraries

- All Govt. & Grant-in-aid Colleges
- All Deaddiction Centres
- Tuition Classes or Coaching Classes
- Psychotherapies Centres
- Girls & Boys Hostels
- Anganwadi Kendra
- Uttar Buniyadi Ashram Shala
- Old Age Home
- All Government / State and Autonomous University Deemed University
- All B.Ed. Colleges
- All Yoga Classes
- All Companies & Show Rooms
- Domestic Industries
- All Gymnasium Centres
- All Computer Classes
- All Industrial Training Institutes (ITI)
- District Sub Jails
- All Advocates Offices
- All Spoken English & Personality Development Classes
- All Overseas Coaching Classes
- All Disaster Management Centres
- Special Child Schools
- Child Remand Homes (Juvenile Remand Homes)
- All Public Sector Units
- National & Private Banks having Human Resource Department or Personal Department
- All Hotels & other Industries
- All Hospitals (Government & Other Organizations)
- Sports Institutes
- Physio Therapy Centers
- All Police Stations
- All Co-operative Society
- District Institute of Education and training (DIET)
- Digital and Print Media Offices

6. Guidelines & Requirements:

- Students must obtain written approval from the Department before starting the internship.
- A Faculty Mentor will be assigned to each student.
- Students must identify a suitable site and submit a brief proposal (objectives, site details, expected outcomes).
- Maintain a Weekly Log Sheet documenting hours, activities, observations, and reflections.
- Attend regular check-ins (in-person or virtual) with Faculty Mentor.
- Ensure conduct and dress code appropriate to the setting.
- Abide by ethical norms (confidentiality, informed consent, etc.).
- Submit an Internship Completion Certificate from the host organization.
- Submit an Internship Report including:
 1. Cover Page

2. Certificate(s)
 3. Acknowledgment
 4. Description of Activities
 5. Observations & Reflections
 6. Key Learnings
 7. Summary & Conclusion
 8. Annexures (Log Sheets, Photos, etc.)
- Deliver a presentation before an internal faculty panel
 - Appear for a brief viva-voce to discuss learnings.